

# 6 Ways To Cultivate a More Inspired, Artistic Life

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*Cindi A. Jobe*



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To cultivate a more inspired, artistic life, I **nurture** the dialogue between my **creativity** and my work as an artist. In the process, I strive to align my work with my core values and **dreams**.

As I search the landscape around me for inspiration and motivation, I use what I unearth to **grow** my creative process.

My surroundings provide a rich palette of visual references and ideas that excite my senses, helping to plant seeds for creative growth. This dedication to my **passions** informs my work so I can **share** my stories and experiences with my **community** through my art.

-Cindi A. Jobe

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# Growth

I strive to entertain a growth mindset  
as I begin each day. I focus on  
progress and direction, not results.

I ask myself: How can I support  
growth today? Where am I headed?

What do I need?



# 2 Nurture

I make myself a priority. I ask myself "what do you need?" I nurture those needs. Be kind in the way you "talk" to yourself. Be positive, supportive and forgiving. Tell yourself: "I matter!"


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The background features a repeating pattern of stylized orange flowers and leaves. Overlaid on this are various geometric shapes: a large blue circle with a dotted pattern in the top right, a solid gold circle next to it, a red torn-edge paper shape at the top center, a blue circle on the right edge of the grey box, and a blue and grey circular graphic in the bottom left corner.

# 3 Dreams

Within my dreams, I welcome the  
chance to grow, change and create. I  
give myself permission to dream.  
Dreams allow us to contemplate all  
sorts of possibilities and opportunities.  
So dream!



# Creativity

Nurturing creativity is necessary for all humans to thrive. I have the ability to build a good life and so do you. But to truly blossom within that life, we must find creative outlets that inspire and support that journey.



# 5 Passion

Circle of life: I embrace my passions to help find purpose and focus in my life. I cultivate those passions by making them a priority. I provide ample space, time and attention for my passions. It is here you too will find your creative purpose.

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# Community

Building a community around our passions helps them grow. As I cultivate a larger, more inclusive village of interested, engaged members, I feel more energized, motivated and supported.





## Life's a Journey...

Cultivating a more inspired, artistic life can be a rewarding journey of imagination and whimsy. I

hope you find a deeper connection to your creative self as you practice these 6 suggestions. Consciously nurturing these habits and rituals will help bring us closer to our dreams and passions.

Cheers to you and our journeys!

*Cindi*